

THE POWER OF MENTAL GOLF

www.powermentalgolf.com

WORKBOOK FOR INSTRUCTORS

1. GET TO KNOW YOURSELF

Complete your GOLFER WORKBOOK

Identify your Learning Preferences

Identify your unique shot cues

Design your “Golf Shot Routine”

Complete your Golf Equipment Assessment

Read The Power of Mental Golf.

Review the tendencies of Learning styles different than yours.

Identify the tendencies of past students.

2. GET TO KNOW EACH STUDENT

Have each student complete their GOLFER WORKBOOK

Discuss and counsel each student on their Learning Preferences.

Guide a hitting session and help each student identify their Family of Cues.

Guide each student to design their Golf Shot Routine.

Assess each student’s golf equipment and give recommendations.

3. Keep record of each student’s Workbook for future reference.

Add record of the individual work on the physical aspects of the swing and short game.

4. Coach each student on How to Be Their Best Coach

